



## Forever Multi-Maca®

Maca, also known as *Lepidium Meyenii*, is an annual plant that is cultivated in the Peruvian central highlands. The edible root, which resembles a radish, is a staple food for the local population.

Maca has been highly revered for over 2,000 years in Peru. According to legend, the Incan warriors ate Maca for strength and endurance before going to battle. The Spanish Conquistadors called it the “sex herb of the Incas.” Today it is known as “Peruvian Ginseng”. Modern studies suggest that Maca may promote libido, sexual potency and energy.

Women in South America have also used Maca for thousands of years to help maintain their stamina and handle stress. Peruvian women begin using Maca at age 3, and remain strong, fertile and productive, well into their later life. Maca may increase a woman’s libido, and should be taken daily for best results.

Forever Multi-Maca® combines legendary Peruvian Maca with other powerful herbs and select ingredients, to create one of the finest supplements of its kind!

### Supplement Facts

Serving Size 2 Tablets

Amount Per Serving	
Maca (root)	500 mg*
<i>Tribulus terrestris</i> (fruit)	200 mg*
Muir Puama (root)	200 mg*
Catuaba (bark)	200 mg*
L-Arginine	150 mg*
Saw Palmetto (fruit)	150 mg*
<i>Pygeum africanum</i> (bark)	50 mg*
Co Enzyme Q-10	10 mg*
Soy Extract	10 mg*

\* Daily Value not established

Other ingredients: Microcrystalline cellulose, calcium citrate, stearic acid, croscarmellose sodium, guar gum, magnesium stearate, silicon dioxide, dextrin, dextrose, lecithin, sodium carboxymethyl cellulose and sodium citrate.

**Contains Soy.**

CONTENTS  
60 tablets

SUGGESTED USE  
Two tablets every day with water.



- Known as the sex herb of the Incas
- Helps promote libido, stamina and energy



PRODUCT #215

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*